

Sung Eucharist

celebrating the
Diocese of London's link
with the Anglican Church
in Angola and Mozambique

19th ALMA Sunday

Sunday 9th July 2017
6 pm

WELCOME TO ST PAUL'S CATHEDRAL

We are a Christian church within the Anglican tradition (Church of England) and we welcome people of all Christian traditions as well as people of other faiths and people of little or no faith. Christian worship has been offered to God here for over 1400 years. By worshipping with us today, you become part of that living tradition. Our regular worshippers, supported by nearly 150 members of staff and a large number of volunteers, make up the cathedral community.

We are committed to the diversity, equal opportunities and personal and spiritual development of all who work and worship here because we are followers of Jesus Christ. We are a Fairtrade Cathedral and use fairly traded communion wine at all celebrations of the Eucharist. This order of service is printed on sustainably-produced paper. Thank you for being with us today. If you need any help, please ask a member of staff. Please be assured of our continuing prayers for you when you go back to your homes and places of worship.

Today we welcome friends and supporters of the Angola London Mozambique Association, especially the Right Reverend Carlos Matsinhe, Bishop of Lebombo, and the Right Reverend Rob Wickham, Bishop for ALMA in London.

The *Gloria* is a traditional Peruvian setting. The *Sanctus and Benedictus* are from a setting by the Iona Community. The *Agnus Dei* is from *A New English Folk Mass*.

The Hackney Children's Choir is conducted by Tom Daggett, OBE Organ Outreach Fellow. The organ is played by Joseph Beech, Organ Scholar.



As you prepare for worship, please be sensitive to the needs of those around you who may wish to pray quietly. Please switch off mobile telephones and do not use photographic, video or recording equipment at any time.

ORDER OF SERVICE

*The congregation is asked to join in all texts printed in **bold**.*

Pilgrims from Mozambique and the Hackney Children's Choir sing before the service.

At 5.58 pm, remain seated as the Reverend Canon Mark Oakley, Chancellor, Canon in Residence, welcomes the congregation.

The Gathering

Stand as the Ministers enter.

Processional Hymn



**The Church's one foundation
Is Jesus Christ, her Lord;
She is his new creation
By water and the word:
From heaven he came and sought her
To be his holy Bride,
With his own blood he bought her,
And for her life he died.**

**Elect from every nation,
Yet one o'er all the earth,
Her charter of salvation
One Lord, one faith, one birth;
One holy name she blesses,
Partakes one holy food,
And to one hope she presses
With every grace endued.**

**'Mid toil, and tribulation,
And tumult of her war,
She waits the consummation
Of peace for evermore;
Till with the vision glorious
Her longing eyes are blest,
And the great Church victorious
Shall be the Church at rest.**

**Yet she on earth hath union
With God the Three in One,
And mystic sweet communion
With those whose rest is won:
O happy ones and holy!
Lord, give us grace that we
Like them, the meek and lowly,
On high may dwell with thee.**

Words: (484) Samuel Stone (1839-1900)

Tune: (167) *Aurelia*
Samuel Sebastian Wesley (1810-76)

The Greeting

The Bishop says

In the name of the Father,
and of the Son,
and of the Holy Spirit.
Amen.

Peace be with you
and also with you.

The Bishop welcomes the congregation and introduces the service.

Prayers of Penitence

The Deacon says

Jesus said:

'Before you offer your gift,
go and be reconciled'.

As brothers and sisters in God's family,
we come together to ask our Father for forgiveness.

Silence is kept.

**Lord God,
we have sinned against you;
we have done evil in your sight.
We are sorry and repent.
Have mercy on us according to your love.
Wash away our wrongdoing and cleanse us from our sin.
Renew a right spirit within us
and restore us to the joy of your salvation,
through Jesus Christ our Lord.
Amen.**

The Bishop says

May almighty God have mercy on you,
forgive you your sins,
and bring you to everlasting life.
Amen.

Peruvian Gloria

The Bishop sings and all repeat



The Bishop sings and all repeat



The Bishop sings and all repeat



The Bishop sings and all repeat



Glory to God, glory to God,
Son of the Father ...

Glory to God, glory to God,
Glory to the Spirit ...

The Partnership Prayer

The Bishop says

Let us pray the ALMA Partnership Prayer.

All pray in silence for a short time.

**God our Father,
the source of all gifts,
give us humility to receive,
honesty to ask and generosity to give,
in order to bring each other up
to your honour and glory.
We ask this through the merits of
Jesus Christ our Saviour.
Amen.**

Sit

The Liturgy of the Word

New Testament Reading

A reading from the Revelation to John.

I, John, saw a new heaven and a new earth; for the first heaven and the first earth had passed away, and the sea was no more. And I saw the holy city, the new Jerusalem, coming down out of heaven from God, prepared as a bride adorned for her husband. And I heard a loud voice from the throne saying,

‘See, the home of God is among mortals. He will dwell with them; they will be his peoples, and God himself will be with them; he will wipe every tear from their eyes. Death will be no more; mourning and crying and pain will be no more, for the first things have passed away.’

And the one who was seated on the throne said, ‘See, I am making all things new.’ Also he said, ‘Write this, for these words are trustworthy and true.’ Then he said to me, ‘It is done! I am the Alpha and the Omega, the beginning and the end. To the thirsty I will give water as a gift from the spring of the water of life. Those who conquer will inherit these things, and I will be their God and they will be my children.’

Revelation 21. 1-7

This is the word of the Lord.

Thanks be to God.

Stand

Gradual Hymn

Todos vós povo de Deus. Halleluia!
Vendem louvemos a Deus. Halleluia!

All you people of God. Alleluia!
Come praise the Lord. Alleluia!

Sacerdotes do Senhor. Halleluia!
Vendem sirvamos a Deus. Halleluia!

Priests of the Lord. Alleluia!
Come serve the Lord. Alleluia!

Jesus Cristo é o Senhor. Halleluia!
Rei na Terra e nos Céus. Halleluia!

Jesus Christ is the Lord. Alleluia!
King of earth and heaven. Alleluia!

Jesus ama todo o Homem. Halleluia!
Sua bênção quer nos dar. Halleluia!

Jesus loves everybody. Alleluia!
Give us his blessing. Alleluia!

Alegria-vos no Senhor. Halleluia!
Jesus Cristo é o Senhor. Halleluia!

Rejoice in the Lord. Alleluia!
Jesus Christ is the Lord. Alleluia!

Halleluias e Hosanas. Halleluia!
Hosanas e Aleluias. Halleluia!

Alleluias and Hosannas. Alleluia!
Hosannas and Alleluias. Alleluia!

Amen, Amen, Assim seja. Halleluia!
Assim seja, Amen, Amen. Halleluia!

Amen, Amen, so be it. Alleluia!
So be it, Amen. Alleluia!

Words and Music: Traditional Mozambican

Gospel Reading

The Deacon says

The Lord be with you
and also with you.

Hear the Gospel of our Lord Jesus Christ according to John.

Glory to you, O Lord.

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, 'Give me a drink'. (His disciples had gone to the city to buy food.) The Samaritan woman said to him, 'How is it that you, a Jew, ask a drink of me, a woman of Samaria?' (Jews do not share things in common with Samaritans.) Jesus answered her, 'If you knew the gift of God, and who it is that is saying to you, "Give me a drink", you would have asked him, and he would have given you living water.' The woman said to him, 'Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?' Jesus said to her, 'Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.'

John 4. 5-14

This is the Gospel of the Lord.

Praise to you, O Christ.

Sermon

The Right Reverend Carlos Matsinhe,
Bishop of Lebombo

Stand

The Creed

Let us declare our faith in God.

**We believe in God the Father,
from whom every family
in heaven and on earth is named.**

**We believe in God the Son,
who lives in our hearts through faith,
and fills us with his love.**

**We believe in God the Holy Spirit,
who strengthens us
with power from on high.**

**We believe in one God;
Father, Son and Holy Spirit.
Amen.**

Prayers of Intercession

The Bishop says

Let us pray for the church and for the world,
and give thanks to God for all his goodness.

Sit or kneel

Father God, we pray tonight for the hope that friendships between people of different countries offers to our world. We thank you for the Companion links that weave the countries and people of the Anglican Communion together. We pray for our own link, ALMA, and for the years of soul friendship and fellowship that Angola, London and Mozambique have shared.

Lord, in your mercy

Hear our prayer.

We pray for your fragile, beautiful earth so aware of the drought across Southern Africa and mindful of those who work to provide sustainable water provision and mitigate climate change. Make us all good stewards of your creation.

Lord, in your mercy

Hear our prayer.

We pray for peace, praising you for the ceasefire in Mozambique since Christmas and longing for this to be permanent; praying too for peaceful elections in Angola next month and for peaceful transitions here in the United Kingdom.

Lord, in your mercy

Hear our prayer.

We pray for those who lead and have the responsibility of office: give them wisdom and a desire to serve the common good. We pray for the ALMA partners, for Bishop André in Angola, for Bishop Vicente and Bishop Manuel in Niassa, for Bishop Carlos, for Bishop Rob, and for the appointment of the next Bishop of London.

Lord, in your mercy

Hear our prayer.

We pray for the economic challenges ahead: for the impact of falling oil prices in Angola, for the impending Kroll report in Mozambique and the challenge of ensuring the benefits of new gas reserves are for the whole country and for the Brexit negotiations here.

Lord, in your mercy

Hear our prayer.

We pray for those who day by day are the hands and feet of Christ: for Mothers' Union, the Bernardo Mizeki Guild, the Equipas da Vida, and the London Ambassadors. Strengthen us as we carry out your commission to love and serve our world. Make each of us your ambassadors. May we sow good seeds for tomorrow.

Lord, in your mercy

Hear our prayer.

The Bishop says

Rejoicing in the fellowship of all your saints,
we commend ourselves
and the whole creation to your unfailing love.

Merciful Father

**accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.
Amen.**

Stand

The Liturgy of the Sacrament

The Peace

The Bishop says

We are all one in Christ Jesus.
We belong to him through faith,
heirs of the promise of the Spirit of peace.

The peace of the Lord be always with you
and also with you.

The Deacon says

Let us offer one another a sign of peace.

All may exchange a sign of peace.

Preparation of the Table

Offertory Hymn

*during which the bread and wine are placed on the altar, and a collection is taken.
Please complete the Gift Aid envelopes provided if you are a UK taxpayer.*



**What a friend we have in Jesus,
All our sins and griefs to bear!
What a privilege to carry
Everything to God in prayer!
O what peace we often forfeit,
O what needless pain we bear,
All because we do not carry
Everything to God in prayer!**

**Have we trials and temptations,
Is there trouble anywhere?
We should never be discouraged:
Take it to the Lord in prayer.
Can we find a friend so faithful
Who will all our sorrows share?
Jesus knows our every weakness:
Take it to the Lord in prayer.**

**Are we weak and heavy-laden,
Burdened with a load of care?
Jesus is our only refuge:
Take it to the Lord in prayer.
Do your friends despise, forsake you?
Take it to the Lord in prayer;
In his arms he'll take and shield you,
You will find a solace there.**

Words: (R&S 413) Joseph Scriven (1819-86), alt.

Tune: *What a friend*
C. C. Converse (1832-1918)

The Bishop says

Wise and gracious God,
you spread a table before us;
nourish your people with the word of life
and the bread of heaven.
Amen.

The Eucharistic Prayer

The Bishop says

The Lord be with you
and also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give thanks and praise.

It is always right to give you thanks,
God our Creator,
loving and faithful,
holy and strong.

You made us
and the whole universe,
and filled your world with life.

You sent your Son to live among us,
Jesus our Saviour, Mary's child.
He suffered on the cross;
he died to save us from our sins;
he rose in glory from the dead.

You send your Spirit
to bring new life to the world,
and clothe us with power from on high.

And so we join the angels
to celebrate and sing:

The musical score is written for a single melodic line in G major (one sharp). It features alternating parts for a Cantor and the congregation (All). The lyrics are: "Ho - ly, Ho - ly, ho - ly, ho - ly, ho - ly Lord of pow'r and might, heav - en, heav - en, earth, earth, heav - en and earth are full of your glo - ry. Ho - san - na in the high - est. Ho - san - na in the high - est. Ho - san - na in the high - est. Bless - ed, Bless - ed, bless - ed bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est. Ho - san - na in the high - est. Ho - san - na in the high - est. Ho - san - na in the high - est."

Cantor Ho - ly, *All* Ho - ly, *Cantor* ho - ly, *All* ho - ly, ho - ly Lord of
Cantor pow'r and might, *All* heav - en, *Cantor* heav - en, *All* earth, earth,
Cantor heav - en and earth are full of your glo - ry. Ho - san - na in the high - est.
All Ho - san - na in the high - est. *Cantor* Ho - san - na in the high - est.
All Ho - san - na in the high - est. *Cantor* Bless - ed, *All* Bless - ed,
Cantor bless - ed *All* bless - ed is he who comes in the name of the Lord.
Cantor Ho - san - na in the high - est. *All* Ho - san - na in the high - est.
Cantor Ho - san - na in the high - est. *All* Ho - san - na in the high - est.

Father, on the night before he died,
Jesus shared a meal with his friends.
He took the bread, and thanked you.
He broke it, and gave it to them, saying:
Take and eat; this is my body, given for you.
Do this to remember me.

After the meal, Jesus took the cup of wine.
He thanked you, and gave it to them, saying:
Drink this, all of you.
This is my blood,
the new promise of God's unfailing love.
Do this to remember me.

The Deacon says

Great is the mystery of faith
Christ has died,
Christ is risen,
Christ will come again.

Father, as we bring this bread and wine,
and remember his death and resurrection,
send your Holy Spirit,
that we who share these gifts
may be fed by Christ's body and his blood.

Pour your Spirit on us
that we may love one another,
work for the healing of the earth,
and share the good news of Jesus,
as we wait for his coming in glory.

For honour and praise belong to you, Father,
with Jesus your Son, and the Holy Spirit:
one God, for ever and ever.
Amen.

Silence is kept.

The Lord's Prayer

The Bishop says

Let us pray with confidence as our Saviour has taught us,
each praying in our own language:

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

Breaking of the Bread

The Bishop breaks the consecrated bread, saying

We break this bread
to share in the body of Christ.
**Though we are many, we are one body,
because we all share in one bread.**

Agnus Dei



Giving of Communion

The Bishop invites the people to receive the Holy Communion, saying

God's holy gifts
for God's holy people.

**Jesus Christ is holy,
Jesus Christ is Lord,
to the glory of God the Father.**

Please sit, and then follow the directions of the Virgers and Wandsmen.

All baptized Christians who receive communion in their own churches are welcome to receive communion.

Those communicants requiring gluten-free wafers are asked to identify themselves to a Virger or Wandsman and to receive communion from the Bishop.

Any member of the congregation may come to receive a blessing; if you come forward for a blessing, please keep your head bowed.

Anthem during Communion

*Steal away, steal away, steal away to Jesus;
Steal away, steal away home,
I ain't got long to stay here.*

My Lord he calls me, he calls me by the thunder;
The trumpet sounds within my soul;
I ain't got long to stay here.

Words: African-American Spiritual

Music: arr. Geoff Weaver (b.1943)

Hymn during Communion

This hymn is sung three times: first in Portuguese, then in English, and finally in Portuguese.

Je - sus Cri - sto em bre - ve vi - rá, Je - sus Cri - sto em
Je - sus Christ, he will soon come a - gain, Je - sus Christ, he will

bre - ve vi - rá, Je - sus Cri - sto em
soon come a - gain, Je - sus Christ, he will

bre - ve vi - rá, Je - sus Cri - sto em bre - ve vi - rá.
soon come a - gain, Je - sus Christ, he will soon come a - gain.

Vi - rá, vi - rá, em bre - ve vi - rá, Vi - rá, vi - ra, em
A - gain, a - gain, he'll soon come a - gain, A - gain, a - gain, he'll

bre - ve vi - rá, Vi - rá, vi - rá, em bre - ve vi -
soon come a - gain, A - gain, a - gain, he'll soon come a -

rá, Je - sus Cri - sto em bre - ve vi - rá.
gain, Je - sus Christ, he will soon come a - gain.

Fine

Prayers after Communion

All stand with the Bishop, who says

Let us pray.

Lord God, the source of truth and love,
keep us faithful to the apostles' teaching and fellowship,
united in prayer and the breaking of bread,
and one in joy and simplicity of heart,
in Jesus Christ our Lord.

Amen.

**We thank you, Lord,
that you have fed us in this sacrament,
united us with Christ,
and given us a foretaste of the heavenly banquet
prepared for all peoples.**

Amen.

Presentation to Bishop Carlos

The Dismissal

The Bishop says

The God of hope fill you with all joy and peace in believing;
and the blessing of God almighty,
the Father, the Son and the Holy Spirit,
be amongst you and remain with you always.

Amen.

The Deacon says

Go in peace to love and serve the Lord.

In the name of Christ. Amen.

Recessional Hymn

during which the Ministers depart.



**Guide me, O thou great Redeemer,
Pilgrim through this barren land;
I am weak, but thou art mighty,
Hold me with thy powerful hand:
Bread of heaven,
Feed me till I want no more.**

**Open now the crystal fountain
Whence the healing stream doth flow;
Let the fire and cloudy pillar
Lead me all my journey through:
Strong deliverer,
Be thou still my strength and shield.**

**When I tread the verge of Jordan,
Bid my anxious fears subside;
Death of death, and hell's Destruction
Land me safe on Canaan's side:
Songs of praises
I will ever give to thee.**

Words: (368) William Williams (1717-91)
trans. Peter Williams (1727-96) and others

Tune: *Cwm Rhondda*
John Hughes (1873-1932)

You are invited to be seated for the playing of the Organ Voluntary, or to leave at this point without disturbing those who wish to listen.

To exit please follow the directions of the Wandsmen and Stewards.

Organ Voluntary

Marche Triomphale

Sigfrid Karg-Elert (1877-1933)

Please take this order of service away with you
to reflect on the readings and prayers and as a reminder of your visit.

ALMA

ALMA is the Partnership between the Anglican churches in Angola, London and Mozambique. Built on an earlier relationship between Willesden and Mozambique the ALMA Covenant was signed in 1998 in St Paul's Cathedral and renewed in 2008.

Prayer and friendship underpin the partnership as we learn to be church together despite the differences in our contexts. We share ministry and mission, advocacy and training through the lens of this 'soul' partnership (in Portuguese ALMA means soul). There are 56 twinned parishes and schools alongside other ALMA supporting parishes, and individual supporters. In 2017 the Diocese of London's Lent Appeal 'Sowing Seeds for Tomorrow' raised funds for the three key educational priorities our partners are working towards.

Improved communications and social media have bridged the physical distances between the four partner dioceses: Angola, London and the two in Mozambique (Lebombo in the south, and Niassa in the north). This has made increased connection possible as we share regularly in each other's lives. London has been blessed by the prayers of our partners following the recent terrorist attacks and Grenfell Tower fire. We have also been challenged by the drought affecting our partners to review our own response to climate change. Several ALMA link parishes are now Eco churches.

A copy of our 2016 Annual Report is available with this service sheet and all enquires are welcome.



St PAUL'S CATHEDRAL

Music Outreach Programme



St Paul's has a busy programme of music outreach and education which involves organ workshops in schools, Organ Days in the Cathedral, and developing links with school choirs. The Hackney Children's Choir is also run in association with St Paul's. The Cathedral's music outreach benefits around 4,000 children a year, and is led by Tom Daggett, OBE Organ Outreach Fellow.



Every effort has been made to trace the copyright holder for the hymn Jesus Cristo em breve virá. However at the time of going to print no author has been found. If anyone knows who the copyright holder is, they should contact the Cathedral.

St Paul's is delighted to be a partner of the

Islington Centre for Refugees and Migrants

The Centre welcomes refugees and asylum seekers at many different stages of their journey. It takes time and effort to find a way to belong, especially after leaving one's own country under traumatic conditions, and the centre strives to give people that time and assistance. The centre's particular concern is for refugees and asylum seekers who don't yet speak English and so find it hard to communicate.

Thanks to a successful appeal led by actor Juliet Stevenson the centre has been able to open two days a week. Further urgent fundraising is taking place in the hope that the centre can run three days a week later this year.

For more information and to donate if you are able, please go to:
islingtoncentre.co.uk

ORCHESTRAL EUCHARIST

at St Paul's 2017

celebrating Franz Josef Haydn

Choir of St Paul's Cathedral
City of London Sinfonia

16th July at 11am

Missa in angustiis "Nelson Mass"

23rd July at 11am

Missa brevis Sancti Joannis de Deo "Kleine Orgelmesse"
sung by Aurora Nova

For further information please call the Music Office on 020 7236 6883
or email music@stpaulscathedral.org.uk

SUNDAY ORGAN RECITALS

All recitals 4.45 pm - 5.15 pm

Free admission

July

'WONDROUS MACHINES'

the Grand Organ of St Paul's joins forces

with Clarinet, Pianola and Percussion in a special series of recitals for July

16th July Peter Holder & Michael Broadway (Pianola)

23rd July Joseph Beech & Jordan Black (Clarinet)

6th August Carolyn Craig (USA)

13th August Alexander Hamilton (Trinity College, Cambridge)

20th August David Bell (London)

St Paul's Adult Learning

A programme of free events at St Paul's Cathedral
exploring Christian life, ethics and spirituality.

Tuesday 24th October

6.30 pm - 8 pm on the Cathedral Floor

Souls at Stake: Tyndale, the Bible and the 21st Century

William Tyndale gave us the Bible in English and died for it. His passion and vocation was to put the Bible into the hands of everyone so that we could read it for ourselves, and in doing so profoundly changed freedom of thought, religion and the Church for ever. Melvyn Bragg and Jane Williams explore what fired Tyndale and what difference he made to our national and spiritual lives.

Chaired by the Reverend Canon Mark Oakley, Chancellor

To register for free places visit stpauls.co.uk/adultlearning

St Paul's Cathedral

Sunday 16th July

The Fifth Sunday after Trinity

8 am	Holy Communion	Book of Common Prayer
8.45 am	Morning Prayer	
<u>11 am</u>	Sung Eucharist	with the City of London Sinfonia
	Setting	<i>Missa in Angustiis</i> "Nelson Mass" Haydn
	Preacher	The Reverend Canon Mark Oakley, Chancellor, Canon in Residence
	Voluntary	<i>Fantasie in F minor</i> (KV 608) Mozart.
3.15 pm	Evensong	with Valediction of Choristers
	Introit	<i>Crucifixus</i> [a 8] Lotti
	Canticles	<i>Magnificat in D</i> Dyson
		<i>Nunc dimittis in G</i> Stanford
	Anthem	<i>Blest pair of Sirens</i> Parry
	Preacher	The Reverend Bruce Batstone, Rector, Hornsey Parish
	Voluntary	<i>Orb and Sceptre</i> Walton arr. McKie
4.45 pm	Organ Recital	Wondrous Machines
		The Grand Organ of St Paul's Cathedral joins forces with Pianola
		Peter Holder & Michael Broadway
6 pm	Eucharist	

Morning Prayer is said daily at 7.30 am.

Holy Communion is celebrated at 8 am and 12.30 pm daily.

Choral Evensong is usually sung daily at 5 pm,
except on occasional Mondays when Evening Prayer is said.

On Sundays, throughout July and August

Holy Communion is celebrated at 8 am and 6 pm,

with a sung Eucharist at 11 am on 2nd to 23rd July

and 11.30 am from 30th July to the end of August.

Morning Prayer is said at 8.45 am and Evensong is sung at 3.15 pm.

For further information telephone 020 7236 4128.

St Paul's Cathedral website can be found at stpauls.co.uk

St Paul's Institute website can be found at stpaulsinstitute.org.uk

St Paul's Cathedral is delighted to be a partner of
the Islington Centre for Refugees and Migrants – islingtoncentre.co.uk