

# Eucharist

celebrating the  
Diocese of London's link  
with the Anglican Church  
in Angola and Mozambique

**27<sup>th</sup> ALMA Sunday**

Sunday 20<sup>th</sup> July 2025  
5.30 pm

# WELCOME TO ST PAUL'S CATHEDRAL

We are the cathedral for the Diocese of London in the Church of England (Anglican). Christian worship has been offered on this site for over 1,400 years and all are welcome to join in with that ongoing tradition, whether you are a person of Christian faith, another faith, or no faith.

Our regular worshippers, along with over 220 staff and many volunteers, make up the cathedral community. Please be assured of our continuing prayers for you as you return to your home or place of worship.

Hackney Choral and the St George's Youth Choir are conducted by William Bruce, Artistic Director of Choral Partnerships. The organ is played by Christopher Too, Organ Scholar.

Music heard before the service is sung by the John Keble CE Primary School Choir, directed by Jacqueline Goddard.

The *Gloria* is a traditional Peruvian setting and the *Sanctus* is a traditional Mozambican setting. The *Agnus Dei* is from *A New English Folk Mass*.

## Safeguarding

We are committed to the safeguarding of all our visitors, staff and volunteers. If you are in the cathedral or on its grounds and you or someone you know is at risk of abuse, harm, neglect or exploitation, please find a Minister or a Virger. In the unlikely event that you are unable to find a Minister or a Virger, please approach any member of staff, who will find someone to help you. Similarly, if you witness an event you find worrying whilst in the cathedral, please make a member of our staff aware as soon as possible.



As you prepare for worship, please be sensitive to those around you who may wish to pray quietly. Please ensure all electronic devices are set to silent or turned off and please do not take photographs during the service

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# ORDER OF SERVICE

*Please join in all texts printed in **bold**, and stand and sit as you feel able to do so.*

## The Gathering

*Stand as the Ministers enter.*

### Processional Hymn



**Praise, my soul, the King of heaven;**  
**To his feet thy tribute bring.**  
**Ransomed, healed, restored, forgiven,**  
**Who like me his praise should sing?**  
**Praise him! Praise him!**  
**Praise the everlasting King.**

**Praise him for his grace and favour**  
**To our forebears in distress;**  
**Praise him still the same for ever,**  
**Slow to chide, and swift to bless,**  
**Praise him! Praise him!**  
**Glorious in his faithfulness.**

**Father-like, he tends and spares us;**  
**Well our feeble frame he knows;**  
**In his hands he gently bears us,**  
**Rescues us from all our foes.**  
**Praise him! Praise him!**  
**Widely as his mercy flows.**

**Angels, help us to adore him;  
Ye behold him face to face;  
Sun and moon bow down before him,  
Dwellers all in time and space.  
Praise him! Praise him!  
Praise with us the God of grace.**

Words: (436) Henry Francis Lyte (1793-1847), alt.

Tune: *Praise my soul*  
John Goss (1800-80),  
Organist of St Paul's (1838-72)

## The Greeting

*The Bishop of London says*

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.

**Amen.**

Peace be with you  
**and also with you.**

*The Bishop of London welcomes the congregation.*

*Sofia Loemba, from Imprint Church, London, introduces the service.*

## Prayers of Penitence

*A Deacon says*

Jesus said:

'Before you offer your gift,  
go and be reconciled'.

As brothers and sisters in God's family,  
we come together to ask our Father for forgiveness.

*Silence is kept.*

**Most merciful God,  
Father of our Lord Jesus Christ,  
we confess that we have sinned  
in thought, word and deed.  
We have not loved you with our whole heart.  
We have not loved our neighbours as ourselves.  
In your mercy  
forgive what we have been,  
help us to amend what we are,  
and direct what we shall be;  
that we may do justly,  
love mercy,  
and walk humbly with you, our God.  
Amen.**

*The Bishop of London says*

Almighty God,  
who forgives all who truly repent,  
have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord.  
**Amen.**

## The Gloria in Excelsis

*The Bishop of Willesden sings and all repeat*



*The Bishop of Willesden sings and all repeat*



*The Bishop of Willesden sings*



*All sing*



**Glory to God, glory to God, Son of the Father.  
To God be glory for ever.  
Alleluia, amen.**

**Glory to God, glory to God, Glory to the Spirit.  
To God be glory for ever.  
Alleluia, amen.**

Words: (CA 966)

Tune: Trad. Peruvian  
collected and arr. John Ballantine (b.1945)

*The Bishop of London says*

Let us pray.

*All pray in silence.*

God our Father, you never cease the work you have begun  
and prosper with your blessing all human labour:  
make us wise and faithful stewards of your gifts  
that we may serve the common good,  
maintain the fabric of our world  
and seek that justice where all may share  
the good things you pour upon us;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**Amen.**

*Sit*

# The Liturgy of the Word

## Old Testament Reading

*read in Portuguese by*

Steffany Nantes

A reading from the Book Genesis.

Dois anos depois, o faraó teve um sonho: estava de pé junto ao rio Nilo. Do Nilo subiram sete vacas bonitas e gordas, que pastavam entre os juncos. Depois delas subiram outras sete vacas, feias e magras, que ficaram ao lado das primeiras, na margem do rio. As vacas feias e magras devoraram as sete vacas bonitas e gordas. Então o faraó acordou. Adormeceu de novo e sonhou pela segunda vez: sete espigas cheias e boas cresciam num só pé. Depois delas brotaram sete espigas mirradas e queimadas pelo vento do oriente. E as espigas mirradas engoliram as sete espigas cheias e boas. O faraó acordou: era apenas um sonho. De manhã, o seu espírito estava perturbado. Mandou chamar todos os magos e todos os sábios do Egito. Contou-lhes os seus sonhos, mas não havia ninguém que lhes pudesse interpretar. Então o chefe dos copeiros disse ao faraó: Hoje lembro-me das minhas faltas. O faraó tinha-se indignado contra os seus servos e mandou-me a mim e ao chefe dos padeiros para a prisão, na casa do chefe da guarda. Numa mesma noite, cada um de nós teve um sonho, e cada sonho tinha o seu significado. Estava lá connosco um jovem hebreu, servo do chefe da guarda. Contámos-lhe os nossos sonhos, e ele interpretou-nos o significado de cada um, segundo o seu sonho. E tudo aconteceu conforme ele nos tinha interpretado: eu fui restituído ao meu cargo, e o outro foi enforcado.

Então o faraó mandou chamar José. Trouxeram-no depressa da prisão. Ele barbeou-se, mudou de roupa e apresentou-se diante do faraó. O faraó disse a José: Tive um sonho, e ninguém o consegue interpretar. Ouvi dizer que, quando ouves um sonho, sabes interpretá-lo. José respondeu ao faraó: Não está em mim. Deus dará ao faraó uma resposta favorável. E as espigas mirradas engoliram as espigas cheias e boas. O faraó acordou: era apenas um sonho. De manhã, o seu espírito estava perturbado. Mandou chamar todos os magos e todos os sábios do Egito. Contou-lhes os seus sonhos, mas não havia ninguém que lhes pudesse interpretar. Então o chefe dos copeiros disse ao faraó: «Hoje lembro-me das minhas faltas. O faraó tinha-se indignado contra os seus servos e mandou-me a mim e ao chefe dos padeiros para a prisão, na casa do chefe da guarda. Numa mesma noite, cada um de nós teve um sonho, e cada sonho tinha o seu significado.



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O faraó disse a José: Tive um sonho, e ninguém o consegue interpretar. Ouvi dizer que, quando ouves um sonho, sabes interpretá-lo. José respondeu ao faraó: «Não está em mim. Deus dará ao faraó uma resposta favorável. As vacas boas são anos, e as espigas boas também são anos; é um só sonho. As vacas magras e feias que subiram depois delas são anos, assim como as espigas mirradas e queimadas pelo vento do oriente: serão anos de fome. É como eu disse ao faraó: Deus mostrou ao faraó o que vai acontecer. Vêm aí anos de grande abundância em toda a terra do Egito. Mas depois deles virão anos de fome, e toda a abundância será esquecida na terra do Egito, porque a fome consumirá o país. Não se saberá nada da abundância anterior, por causa da fome que se seguirá, pois será muito severa. O facto de o sonho ter sido repetido duas vezes ao faraó significa que a coisa está firmemente decidida por Deus, e que Deus se apressa a realizá-la. Portanto, escolha o faraó um homem sábio e inteligente e ponha-o sobre a terra do Egito. O faraó estabeleça administradores sobre o país, para recolherem uma parte das colheitas da terra do Egito, durante os anos de abundância. Juntem todo o alimento destes bons anos que vêm, armazenem trigo sob o poder do faraó, e guardem-no nas cidades. Então José disse ao faraó: O sonho do faraó é um só. Deus revelou ao faraó o que Ele está para fazer. As sete vacas boas são sete anos, e as sete espigas boas também são sete anos; é um só sonho. As sete vacas magras e feias que subiram depois delas são sete anos, assim como as sete espigas mirradas e queimadas pelo vento do oriente: serão sete anos de fome. É como eu disse ao faraó: Deus mostrou ao faraó o que vai acontecer. Vêm aí sete anos de grande abundância em toda a terra do Egito. Mas depois deles virão sete anos de fome, e toda a abundância será esquecida na terra do Egito, porque a fome consumirá o país. Não se saberá nada da abundância anterior, por causa da fome que se seguirá, pois será muito severa. O facto de o sonho ter sido repetido duas vezes ao faraó significa que a coisa está firmemente decidida por Deus, e que Deus se apressa a realizá-la. Portanto, escolha o faraó um homem sábio e inteligente e ponha-o sobre a terra do Egito. O faraó estabeleça administradores sobre o país, para recolherem um quinto das colheitas da terra do Egito, durante os sete anos de abundância. Juntem todo o alimento destes bons anos que vêm, armazenem trigo sob o poder do faraó, e guardem-no nas cidades. Esse alimento servirá de reserva para a terra nos sete anos de fome que virão sobre o Egito, para que o país não pereça pela fome. O conselho pareceu bom ao faraó e a todos os seus servos.

After two whole years, Pharaoh dreamed that he was standing by the Nile, and there came up out of the Nile seven sleek and fat cows, and they grazed in the reed grass. Then seven other cows, ugly and thin, came up out of the Nile after them, and stood by the other cows on the bank of the Nile. The ugly and thin cows ate up the seven sleek and fat cows. And Pharaoh awoke. Then he fell asleep and dreamed a second time; seven ears of grain, plump and good, were growing on one stalk. Then seven ears, thin and blighted by the east wind, sprouted after them. The thin ears swallowed up the seven plump and full ears. Pharaoh awoke, and it was a dream. In the morning his spirit was troubled; so he sent and called for all the magicians of Egypt and all its wise men. Pharaoh told them his dreams, but there was no one who could interpret them to Pharaoh.

Then the chief cupbearer said to Pharaoh, "I remember my faults today. Once Pharaoh was angry with his servants, and put me and the chief baker in custody in the house of the captain of the guard. We dreamed on the same night, he and I, each having a dream with its own meaning. A young Hebrew was there with us, a servant of the captain of the guard. When we told him, he interpreted our dreams to us, giving an interpretation to each according to his dream. As he interpreted to us, so it turned out; I was restored to my office, and the baker was hanged." Then Pharaoh sent for Joseph, and he was hurriedly brought out of the dungeon. When he had shaved himself and changed his clothes, he came in before Pharaoh. And Pharaoh said to Joseph, "I have had a dream, and there is no one who can interpret it. I have heard it said of you that when you hear a dream you can interpret it." Joseph answered Pharaoh, "It is not I; God will give Pharaoh a favorable answer."

Then Joseph said to Pharaoh, "Pharaoh's dreams are one and the same; God has revealed to Pharaoh what he is about to do. The seven good cows are seven years, and the seven good ears are seven years; the dreams are one. The seven lean and ugly cows that came up after them are seven years, as are the seven empty ears blighted by the east wind. They are seven years of famine. It is as I told Pharaoh; God has shown to Pharaoh what he is about to do. There will come seven years of great plenty throughout all the land of Egypt. After them there will arise seven years of famine, and all the plenty will be forgotten in the land of Egypt; the famine will consume the land. The plenty will no longer be known in the land because of the famine that will follow, for it will be very grievous. And the doubling of Pharaoh's dream means that the thing is fixed by God, and God will shortly bring it about.

Now therefore let Pharaoh select a man who is discerning and wise, and set him over the land of Egypt. Let Pharaoh proceed to appoint overseers over the land, and take one-fifth of the produce of the land of Egypt during the seven plenteous years. Let them gather all the food of these good years that are coming, and lay up grain under the authority of Pharaoh for food in the cities, and let them keep it. That food shall be a reserve for the land against the seven years of famine that are to befall the land of Egypt, so that the land may not perish through the famine.” The proposal pleased Pharaoh and all his servants.

Genesis 41. 1-16, 25-37

This is the word of the Lord.

**Thanks be to God.**

*Remain seated.*

## Responsorial Psalm

*The Choir sings and all repeat*



Sing aloud to God our strength;  
shout for joy to the God of Jacob.  
Raise a song, sound the tambourine,  
the sweet lyre with the harp.

***Sing aloud to God our strength.***

Blow the trumpet at the new moon,  
at the full moon, on our festal day.  
For it is a statute for Israel,  
an ordinance of the God of Jacob.  
He made it a decree in Joseph,  
when he went over the land of Egypt.

***Sing aloud to God our strength.***

I hear a voice I had not known:  
'I relieved your shoulder of the burden;  
your hands were freed from the basket.  
In distress you called, and I rescued you;  
I answered you in the secret place of thunder;  
I tested you at the waters of Meribah.'

***Sing aloud to God our strength.***

Text: Psalm 81. 1-7

Music: Philip Moore (b.1943)

## New Testament Reading

*read by*

Gabriel Dias-Fernandes

A reading from the First Letter of Paul to the Corinthians.

Already you have all you want! Already you have become rich! Quite apart from us you have become kings! Indeed, I wish that you had become kings, so that we might be kings with you! For I think that God has exhibited us apostles as last of all, as though sentenced to death, because we have become a spectacle to the world, to angels and to mortals. We are fools for the sake of Christ, but you are wise in Christ. We are weak, but you are strong. You are held in honour, but we in disrepute. To the present hour we are hungry and thirsty, we are poorly clothed and beaten and homeless, and we grow weary from the work of our own hands. When reviled, we bless; when persecuted, we endure; when slandered, we speak kindly. We have become like the rubbish of the world, the dregs of all things, to this very day.

1 Corinthians 4. 8-13

This is the word of the Lord.

**Thanks be to God.**

## Gospel Reading

*Stand and turn towards the Deacon as the procession brings the Gospel into the midst of the congregation.*

*A Cantor sings*

Alleluia! Speak, Lord, your servants hear you:  
you have the message of eternal life. Alleluia!

*A Deacon says*

The Lord be with you  
**and also with you.**

Hear the Gospel of our Lord Jesus Christ according to John.  
**Glory to you, O Lord.**

The disciples were urging Jesus, ‘Rabbi, eat something.’ But he said to them, ‘I have food to eat that you do not know about.’ So the disciples said to one another, ‘Surely no one has brought him something to eat?’ Jesus said to them, ‘My food is to do the will of him who sent me and to complete his work. Do you not say, ‘Four months more, then comes the harvest?’ But I tell you, look around you, and see how the fields are ripe for harvesting.’

John 4. 31-35

This is the Gospel of the Lord.  
**Praise to you, O Christ.**

## Sermon

*given by*

The Most Reverend Vincente Msosa,  
Primate, The Anglican Church of Mozambique and Angola

*Stand*

# The Angolan Creed

*led by*

Children from John Keble CE Primary School Choir

Nós cremos  
Que Deus enviou seu filho Jesus ao mundo  
Ele se fez homem através do Espírito Santo  
Ele nasceu da Virgem Maria  
Ele foi crucificado  
Ele morreu e foi sepultado  
Ele desceu às profundezas da Terra  
E então Ressuscitou  
Ele subiu ao céu para se assentar à mão direita de Deus  
E lá Ele ora sempre por nós  
Louvado seja Deus.

**We believe**

**That God sent his Son Jesus  
into the world**

**He became man  
through the Holy Spirit**

**He was born of the Virgin Mary**

**He was crucified**

**Died  
and was buried**

**He went down to those below**

**Afterwards he rose from the dead**

**And he went up to heaven  
to sit at God's right hand.**

**There he prays for us always**

**Praise the Lord.**

*Arms raised above head.*

*Arms in front  
hands closed together.*

*Hands crossed like a dove.*

*Rocking baby.*

*Arms like the cross.*

*Head dropped forward,  
head on arm as if asleep.*

*Fingers touch ground.*

*Arms in front, palms up.*

*Hands raised above head.*

*Praying hands above head.*

*Arms raised,  
hands outstretched above head.*

## Prayers of Intercession

*led by*

The Bishop of London

*and*

Members of the Hackney Children's Choir

*The Bishop of London says*

Let us pray for the Church and for the world  
and give thanks to God for his goodness.

*Sit or kneel.*

God our Creator, whose Spirit moved over the face of the earth bringing forth light and life; by that same Spirit, renew your creation, and restore your image in your people. We pray that you would help turn us from careless tenants to faithful stewards of your creation. We pray for our brothers and sisters in Angola and Mozambique as they suffer under the challenges of cyclones, drought, and sicknesses spread in water. We pray that your threefold blessing of clean air, pure water and rich earth may be the inheritance of everything that has the breath of life and one generation may proclaim to another the wonder of your works.

Lord open our eyes,  
**that we may see your fields.**

God our Redeemer, we sincerely thank you for your powerful gift of hope in the face of seemingly hopeless situations. We thank you for your peace that surpasses our understanding. We pray for the young generation leading your church. Grant them confidence in your cross, courage in your faithfulness, and protection against all enemies. We pray for our young brothers and sisters in Angola and Mozambique that you would daily watch over them and grant them their needs. You are our living God, we pray you would reign over the hopes and dreams of all.

Lord open our eyes,  
**that we may see your fields.**

God our Sustainer, we reaffirm our partnership prayer. Thank you that you are the source of all gifts. We pray that you give us the humility to receive, honesty to ask and generosity to give, one to another. Thank you for our brothers and sisters in Mozambique and Angola. We pray that you would strengthen all the links between partner churches, grow us into your likeness, that we may serve one another in order to bring each other up to your honour and glory. We pray for Archbishop Vicentes and all the partner bishops, we ask that you grant them the gifts of hope, faith and love as they serve your church. Keep them under your protection, and grant them wisdom and strength.

Lord open our eyes,  
**that we may see your fields.**

God our Creator, Redeemer and Sustainer, feed us, equip us and, having provided for us, give us the eyes to look to a different harvest, one of fruitfulness of lives in service to you and our neighbours. **Amen.**

*The Bishop of London says*

Let us pray the ALMA Partnership Prayer.

**God our Father,  
the source of all gifts,  
give us humility to receive,  
honesty to ask and generosity to give,  
in order to bring each other up  
to your honour and glory.  
We ask this through the merits of  
Jesus Christ our Saviour.  
Amen.**

*Stand*



# The Liturgy of the Sacrament

## The Peace

*The Bishop of London says*

We are all one in Christ Jesus.  
We belong to him through faith,  
heirs of the promise of the Spirit of peace.

The peace of the Lord be always with you  
**and also with you.**

*A Deacon says*

Let us offer one another a sign of peace.

## Preparation of the Altar

### Offertory Hymn

*during which the bread and wine are placed on the altar, and a collection is taken for the work of ALMA. If you would like to make a donation to the Cathedral, please complete the Gift Aid envelopes provided if you are a UK taxpayer. Cash donations, or contactless card transactions can also be made at the Tap-To-Donate units at each exit. Thank you for your support.*



**Be thou my vision, O Lord of my heart,  
Be all else but naught to me, save that thou art,  
Be thou my best thought in the day and the night,  
Both waking and sleeping, thy presence my light.**

**Be thou my wisdom, be thou my true word,  
Be thou ever with me, and I with thee, Lord,  
Be thou my great Father, thy child let me be,  
Be thou in me dwelling, and I one with thee.**

**Be thou my breastplate, my sword for the fight,  
Be thou my whole armour, be thou my true might,  
Be thou my soul's shelter, be thou my strong tower,  
O raise thou me heavenward, great Power of my power.**

**Riches I heed not, nor all the world's praise,  
Be thou my inheritance now and always,  
Be thou and thou only the first in my heart,  
O Sovereign of heaven, my treasure thou art.**

**High King of heaven, thou heaven's bright Sun,  
O grant me its joys after vict'ry is won,  
Great Heart of my own heart, whatever befall,  
Still be thou my vision, O Ruler of all.**

Words: (339) Irish, 8<sup>th</sup>-century,  
trans. Mary Byrne (1880-1931), alt.

Tune: *Slane*  
Trad. Irish Melody

*Stand for the censuring of the people.*

*The Bishop of London says*

Let us pray.

Wise and gracious God,  
you spread a table before us;  
nourish your people with the word of life  
and the bread of heaven.

**Amen.**

# The Eucharistic Prayer

*The Bishop of London says*

The Lord be with you  
**and also with you.**

Lift up your hearts.

**We lift them to the Lord.**

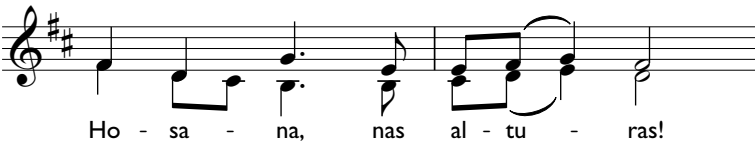
Let us give thanks to the Lord our God.

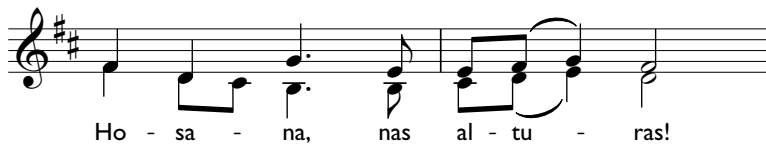
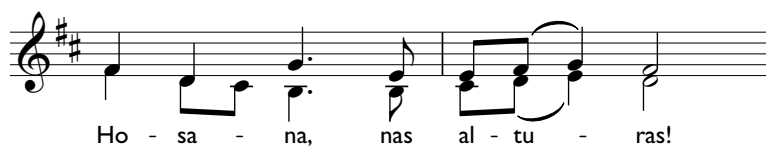
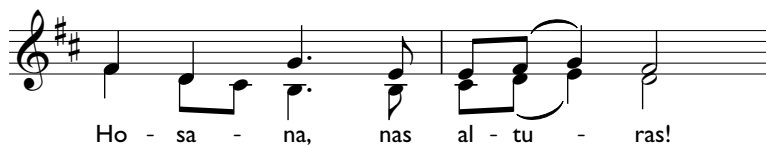
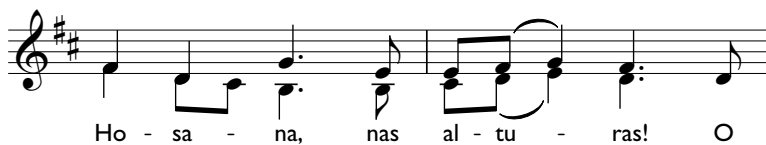
**It is right to give thanks and praise.**

Father, we give you thanks and praise  
through your beloved Son Jesus Christ, your living Word,  
through whom you have created all things;  
who was sent by you in your great goodness to be our Saviour.

By the power of the Holy Spirit he took flesh;  
as your Son, born of the blessed Virgin,  
he lived on earth and went about among us;  
he opened wide his arms for us on the cross;  
he put an end to death by dying for us;  
and revealed the resurrection by rising to new life;  
so he fulfilled your will and won for you a holy people.

Therefore with angels and archangels,  
and with all the company of heaven,  
we proclaim your great and glorious name,  
for ever praising you and singing:





Lord, you are holy indeed, the source of all holiness;  
grant that by the power of your Holy Spirit,  
and according to your holy will,  
these gifts of bread and wine  
may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me.

*A Deacon says*

Great is the mystery of faith.

**Christ has died,**

**Christ is risen,**

**Christ will come again.**

And so, Father, calling to mind his death on the cross,  
his perfect sacrifice made once for the sins of the whole world;  
rejoicing in his mighty resurrection and glorious ascension,  
and looking for his coming in glory,  
we celebrate this memorial of our redemption.  
As we offer you this our sacrifice of praise and thanksgiving,  
we bring before you this bread and this cup  
and we thank you for counting us worthy  
to stand in your presence and serve you.

Send the Holy Spirit on your people  
and gather into one in your kingdom  
all who share this one bread and one cup,  
so that we, in the company of the Blessed Virgin Mary, Paul and all the saints,  
may praise and glorify you for ever,  
through Jesus Christ our Lord;

by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father,  
for ever and ever.

**Amen.**

*Silence is kept.*

## The Lord's Prayer

*The Bishop of London says*

Let us pray with confidence as our Saviour has taught us,  
each praying in our preferred language:

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.**

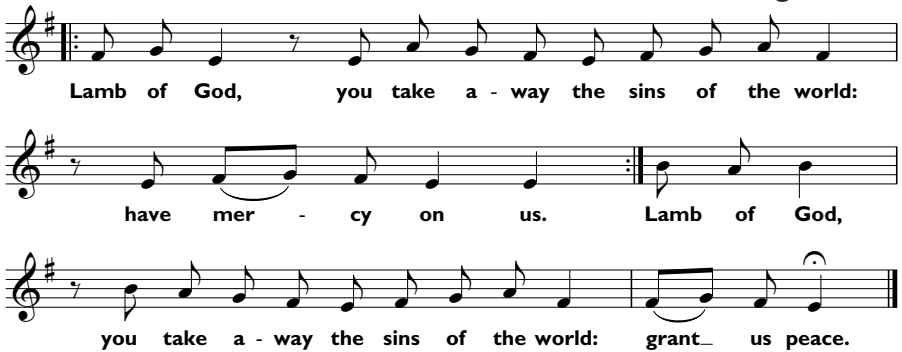
## Breaking of the Bread

*The Bishop of London breaks the consecrated bread, saying*

We break this bread  
to share in the body of Christ.

**Though we are many, we are one body,  
because we all share in one bread.**

## The Agnus Dei



## Giving of Communion

*The Bishop of London invites the people to receive the Holy Communion, saying*

Jesus is the Lamb of God  
who takes away the sin of the world.

Blessed are those who are called to his supper.

**Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.**

*Please sit, and then follow the directions of the Virgers and Stewards.*

*Holy Communion is offered in both kinds, but you are free to receive in one kind only. If you do wish to receive in both kinds, please do not dip the Eucharistic wafers into the wine.*

*If you are baptised and receive communion in your own church, you are welcome to receive communion here.*

*If you require a gluten free wafer, please identify yourself to a Virger or Steward, and receive communion from the Bishop.*

*You are welcome to receive a blessing instead of communion. If you wish to receive a blessing, please keep your head bowed.*

*The Choir sings*

## The Anthem

No gilded throne nor gleaming crown of sapphire  
Can sure outshine an earthly vow  
To serve, to live with dignity  
With humble stewardship and sacrifice  
A pledge of unity a vow of love.

Though earthly rulers' roles are often fleeting  
Truth comes to those who nobly dare  
To live a life of constancy  
To love thy neighbour and thy family  
A living ministry: an act of love.

So ev'ry day, we strive to do what's right  
Not choosing spite nor breeding hate  
A life of faith and honesty  
As courage is the key to progress  
We'll surely journey on, sustained by love.

The truth is, grief is the price we pay for love  
And surely love will life sustain  
With endless grace of heart and mind



To ascend with ever greater purpose  
Through all the darkest times  
To show us holy life  
Throughout the years of life  
A vow of love.

Words and music: *In Our Service*  
Thomas Hewitt Jones (b.1984)

## Prayer after Communion

*All stand with the Bishop of London, who says*  
Let us pray.

*All pray in silence.*

God of our pilgrimage,  
you have led us to the living water:  
refresh and sustain us  
as we go forward on our journey,  
in the name of Jesus Christ our Lord.  
**Amen.**

## The Dismissal

*The Bishop of London says*  
The Lord be with you  
**and also with you.**

The God of hope  
fill you with all joy and peace in believing;  
and the blessing of God almighty,  
the Father, the Son and the Holy Spirit,  
be among you and remain with you always.  
**Amen.**

*A Deacon says*  
Go in peace to love and serve the Lord.  
**In the name of Christ. Amen.**

## Recessional Hymn

*during which the Ministers depart.*



**You shall go out with joy  
And be led forth with peace,  
And the mountains and the hills  
Shall break forth before you.  
There'll be shouts of joy  
And the trees of the field  
Shall clap, shall clap their hands,**

**And the trees of the field shall clap their hands,  
And the trees of the field shall clap their hands,  
And the trees of the field shall clap their hands,  
And you'll go out with joy.**

Words and music: (A&M 484) Stuart Dauermann (b. 1944)  
arr. Anthony Frederick Carver and Anne Harrison  
based on Isaiah 55. 12

*You are invited to be seated for the playing of the Organ Voluntary, or to leave at this point without disturbing those who wish to listen.*

*To exit, please follow the directions of the Stewards.*

## Organ Voluntary

*March (I) from Three Pieces for Organ*

Nicholas Choveaux (1904-95)

### ALMA: Angola London Mozambique Association

**ALMA** is the Companion Link Partnership between the Anglican churches in London, Angola and Mozambique, that began twenty seven years ago, here, in St Paul's Cathedral, in July 1998. Our renewed Covenant was signed in 2022 when all ALMA Partner Bishops were together at the Lambeth Conference.

**ALMA** is part of the network of Companion Links between Dioceses that characterise the Anglican Communion. As partners in the Gospel in our covenantal relationship is undergirded by prayer. We learn with and from each other and give mutual support in our ministry and mission, worship and witness, action and advocacy. Our priorities for the next decade are making disciples, serving our communities with compassion, growing the Church, teaching theology, learning from young people and striving for climate justice and creation care.

Over these 27 years, we have both rejoiced and mourned with each other:

- **Rejoicing** as we have seen the church grow from 2 to 3 to 8 dioceses in Mozambique (3 times the size of the UK) and from 1 to 4 dioceses in Angola (5 times the size of the UK); and then in September 2021 to see our partners become an autonomous Portuguese speaking province of the Anglican Communion with the Archbishop of Canterbury visiting in November 2022 to formally inaugurate Igreja Anglicana de Mocambique e Angola (IAMA).
- **Mourning** the impact of the ongoing conflict in Cabo Delgado in Northern Mozambique where over one million people have been internally displaced; the impact of climate emergencies, with drought and cholera in Angola, across central Southern Africa and into Mozambique, alongside Mozambique's unique vulnerability to Cyclones, where three Cyclones between December 2024 and March 2025 have devastated homes, churches, clinics, schools and core infrastructure, and greatly challenged the churches capacity to respond.

Prayer and friendship underpin our relationship. Every Wednesday, London's Diocesan Cycle of Prayer prays for ALMA partners, and this is recorded online. We pray for each other by name, remembering the challenges our churches and countries face. Despite distance, and the many differences in our contexts there is much we share as we worship and witness to the incarnational love of Christ. Through the lens of this 'soul' friendship (in Portuguese 'Alma' means soul) our London parish and school links have a profound connection with the wider church. Improved communications and social media have enabled these relationships to grow in many creative ways. This year we welcome the new Primate of the Anglican Church of Mozambique and Angola, Archbishop Vicente Msosa, Bishop of Zambesia in Mozambique, to our ALMA Sunday Service and hold him in our prayers. He was installed at a special service in Luanda in January 2025, a joyous occasion shared by Bishop Lusa Nsenga Ngoy, London's Bishop for ALMA, and a small delegation from London.

Keep up to date with ALMA by following us on:

Facebook /ALMALondon  
X @ALMALondonD

ALMA Wednesday Morning Prayer:

[tinyurl.com/ALMA-Partnership](https://tinyurl.com/ALMA-Partnership)

Quarterly Newsletter:

[almalink.org/emailcir.htm](https://almalink.org/emailcir.htm)

[almalink.org](https://almalink.org)  
[almacoordinator@london.anglican.org](mailto:almacoordinator@london.anglican.org)

## **Musical Partnerships**

St Paul's aims to offer the highest quality music provision to schools, enabling pupils to connect deeply with the 1,000 year old history of our Cathedral and its world-famous choral tradition. We help young people understand and positively engage with the heritage of faith, no matter what they believe, and encourage them to explore their emotions with one another, through weekly, curriculum-based, whole-class-singing sessions, collective worship, organ workshops, and after-school deanery choirs.

We are eager to support new schools wishing to enhance their music curriculum, as well as those keen to explore our transformative progression route of Cathedral Choristership. To find out how we could work with your school, please contact us at [choralpartnerships@stpaulscathedral.org.uk](mailto:choralpartnerships@stpaulscathedral.org.uk)